

1980-1989 From the Pastor's Desk

Time

I don't have time. I am too busy. Ours is a hurried age. Despite all the modern conveniences to make life easier and simpler, we seemed to be busier than the past generation a generation which had to do without time saving gadgets. Does time control us, or have we lost control over time? What do we do with all the time we are saving? Are we managing our time well? I am thinking in particular, now of meditation. In past generations Christians spent time in meditation. They took time out to think about their spiritual life, their relationship to the Lord, the state of the church, their future hope and their present task. As you read biographies of Christians greatly used by the Lord, you'll soon discover that they knew how to meditate. Our forefathers used to speak about their "quiet time".

Meditation can be a blessed experience. A scripture text may come to mind which speaks to your situation. You'll find rest and peace in the Lord, renewed strength to cope with the stresses of modern life. May we once again develop the Biblical 'art' of meditation. As an old hymn says it so beautifully:

Take time to be holy, The world rushes on;
Spend much time in secret with Jesus alone;
By looking to Jesus, Like Him thou shalt be;
Thy friends in thy conduct His likeness shall see.